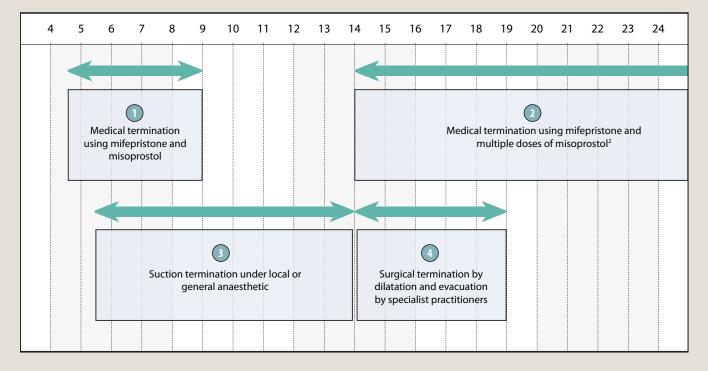
Appendix 1: Recommended methods of termination for different gestations in NZ, (adapted from UK RCOG⁴)



Gestation (weeks from date of last menstrual period)

- 1. **Early Medical termination** using an oral dose of the anti-progesterone, mifepristone, followed by an appropriate (vaginal or oral) dose of misoprostol.
- 2. **Medical termination** using an oral dose as appropriate of the anti-progesterone, mifepristone, followed by multiple doses (vaginal or oral) of misoprostol.
- 3. **Surgical termination** using electric or manual suction, under local or, if appropriate, general anaesthetic. The uterus is emptied using a suction curette. Sharp curettage with metal instruments may be necessary.
- 4. Surgical termination at later gestations usually performed after preparation and dilatation of the cervix with Laminaria followed some hours later with a combination of suction curettage and specialist forceps, performed under local or general anaesthetic as appropriate.

References:

- 1. Statistics New-Zealand Tatauranga Aotearoa July 2008 (www.stats. govt.nz/default.htm)
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- UK Royal College Obstetrics & Gynaecology Guideline. The Care of Women Requesting Induced Termination. Evidence-based Clinical Guideline Number 7; September 2004

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