



# Ten Minute Tutorial

## Creating a cardiovascular risk assessment alert

Ideally cardiovascular risk should be assessed in all men aged over 45 years and all women aged over 55 years. Māori have an earlier onset of cardiovascular disease and therefore require cardiovascular risk assessment ten years earlier, i.e. Māori men aged 35 years and Māori women aged 45 years.

Current evidence suggests that these guideline recommendations are not being met.

This tutorial demonstrates how you can identify all Māori men aged over 35 years who are registered at your practice and add an alert to their patient files to remind you to assess their cardiovascular risk.

### 1

#### Step 1: To set up alert for cardiovascular risk assessment

1. From the menu select: Setup > Patient Register > Alert.
2. Put a code, perhaps “CVDR”, in the appropriate box and put “Carry out CVD risk assessment” in the description box.
3. Click OK, your alert is now set up for use.

### 2

#### Step 2: To run query to identify Māori men over 35 years

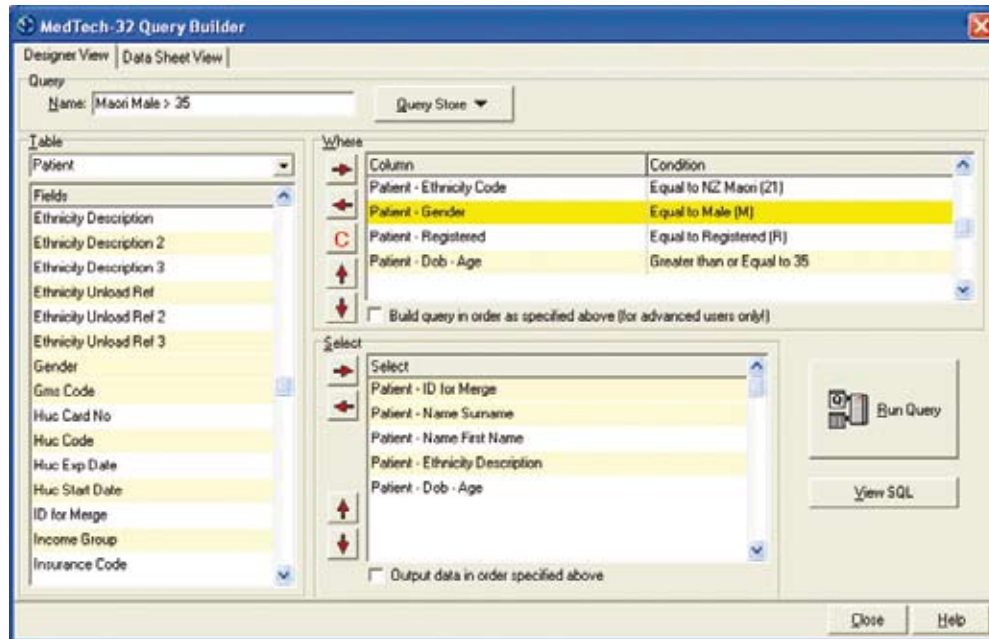
1. Using MedTech simply complete the query builder form as shown on next page; selecting items from the box on the left and transferring them to the appropriate box on the right of the screen.
2. Click run query.

### 3

#### Step 3: To merge alert to identified patients

1. After running the query click the merge button and select Alerts.
2. Select the alert created in step 1, enter a note if required and tick auto prompt if preferred.

## Identifying Māori men aged over 35 years using MedTech 32 Query Builder



# How many patients in your practice have been taking a PPI for more than 6 months without review?

A step down regimen off a PPI, usually in 4-8 week steps, is appropriate for most patients.<sup>1</sup>

'It is recommended that within three months of initiation of treatment with a PPI, patients regimen be reviewed with the aim of reducing the dose and/or initiation of an alternative treatment option where clinically appropriate'.<sup>2</sup>

To help you manage your patients step down off a PPI, starter packs of ranitidine and patient information can be ordered at [www.gutreaction.co.nz](http://www.gutreaction.co.nz).

You can also e-mail [gutreaction@pharmac.govt.nz](mailto:gutreaction@pharmac.govt.nz)

1. Dyspepsia and Heartburn Management guidelines 2004, NZGG. 2. NZ Gastroenterology Society.

Free Starter Kit Samples of ranitidine and patient resources are available to help you manage these patients.

PHARMACY ONLY MEDICINE

**Free sample pack** NOT FOR RESALE

Fast relief from indigestion and heartburn symptoms

**H<sub>2</sub>RA** 150 mg  
**RANITIDINE**

10 Tablets Each tablet contains ranitidine 150 mg as hydrochloride.

To order resources go to [www.gutreaction.co.nz](http://www.gutreaction.co.nz) or fax your order direct to **0800 488 4636**.

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