

Data sheet – cycle 1

Appropriate use of zopiclone and benzodiazepines for the treatment of insomnia

Patient prescribed zopiclone, temazepam or triazolam	Evidence in the patient's clinical notes of a discussion about:			Tick in all three columns (A, B and C)?	If no, flagged for review?
	A. Potential for dependence	B. Other strategies for managing insomnia	C. Duration of use and/or discontinuing treatment		
	✓/✗	✓/✗	✓/✗		
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AUDIT RESULT: Patients with ticks in columns A, B and C, divided by the total number of patients audited:

Please retain this sheet for your records to provide evidence of participation in this audit.

Data sheet – cycle 2

Appropriate use of zopiclone and benzodiazepines for the treatment of insomnia

Patient prescribed zopiclone, temazepam or triazolam	Evidence in the patient's clinical notes of a discussion about:			Tick in all three columns (A, B and C)?	If no, flagged for review?
	A. Potential for dependence	B. Other strategies for managing insomnia	C. Duration of use and/or discontinuing treatment		
	✓/✗	✓/✗	✓/✗		
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AUDIT RESULT: Patients with ticks in columns A, B and C, divided by the total number of patients audited:

Please retain this sheet for your records to provide evidence of participation in this audit.



SUMMARY SHEET

Audit of medical practice (CQI activity)

Topic:

Appropriate use of zopiclone and benzodiazepines for the treatment of insomnia

Date:

Activity designed by (name of organisation, if relevant):

Bpac^{nz}

Doctor's name:

Results discussed with peer group or colleagues?

Yes

No

Date:

FIRST CYCLE

DATA: Date of data collection:

CHECK: Describe any areas targeted for improvement as a result of analysing the data collected. (If the findings have any implications for health equity, please include this.)

ACTION: Describe how these improvements will be implemented.

MONITOR: Describe how well the process is working. When will you undertake a second cycle?

SECOND CYCLE

DATA: Date of data collection:

CHECK: Describe any areas targeted for improvement as a result of analysing the data collected. (If the findings have any implications for health equity, please include this.)

ACTION: Describe how these improvements will be implemented.

MONITOR: Describe how well the process is working.

COMMENTS: