## Checklist for Primary Care: caring for a patient post-treatment for lung cancer

<table>
<thead>
<tr>
<th>Aspect of care</th>
<th>What to check/do</th>
</tr>
</thead>
</table>
| **Letter from hospital** | Yes No  
- Discharge letter from hospital should include: diagnosis, stage of disease and treatment received  
- Letter should also include treatment plan going forward  
- Key contact e.g. cancer nurse specialist, oncologist  
- Follow-up imaging (X-ray, CT, MRI) and pathology – check who is organising and will action the results and inform the patient |
| **History from whānau** | Yes No  
- Check whānau understanding of diagnosis, treatment and ongoing plan  
- Check on issues such as pain, worries about treatment and their side effects and the impact of cancer on their general well-being  
- Encourage whānau to initiate follow-up appointments between scheduled visits in the event of symptoms  
- Check on whānau view of involvement of hospice/palliative care |
| **Medicines** | Yes No  
- Check current medicines (adjust doses, add and discontinue as required) |
| **Wellness** | Yes No  
- Current smoking (if yes, follow ABC)  
- Alcohol use  
- Diet advice  
- Exercise  
- Sexual health  
- Complementary therapies  
- Spiritual health and wellbeing  
- Annual influenza vaccination + other relevant vaccinations |
| **Physical examination** | Perform: General physical examination including respiratory system, surgical sites etc. |
| **Co-morbidities** | Perform:  
- Check co-morbidities are recorded and treatment for cancer not interfering with management of co-morbidities  
- Assess need for specialist referral |
| **Whānau involvement** | Perform:  
- Check on key contact person  
- Ask about concerns within whānau about wellbeing of other members |
| **Psychological support** | Perform:  
- Check for depression e.g. PHQ-9, HADS-D  
- Anxiety, e.g. GAD-7  
- Ask about suicidal thoughts (risk is highest in the first six months following diagnosis) |
| **Advance Care Plan** | Perform:  
- Does patient have an ACP  
- Does this include power of attorney |

Adapted with permission from the National Lung Cancer Working Group draft guidance document