Data sheet – cycle 1

Appropriate use of zopiclone and benzodiazepines for the treatment of insomnia

Patient prescribed	Do patient records document a conversation about:		Do patient records document a conversation about:					
zopiclone, triazolam or temazepam in	Potential for dependence		Other methods for insomnia management		Discontinuing their use if taken on long term basis			
audit month	Yes	No	Yes	No	Yes	No	N/A	
1								
2								
3								
4								
5								
6								
7								
8								
9								
10								
11								
12								
13								
14								
15								
16								
17								
18								
19								
20								
Total Yes								
% Yes								

Data sheet – cycle 2

Appropriate use of zopiclone and benzodiazepines for the treatment of insomnia

Patient prescribed	Do patient records document a conversation about:							
zopiclone, triazolam or temazepam in	Potential for dependence		Other methods for insomnia management		Discontinuing their use if taken on long term basis			
audit month	Yes	No	Yes	No	Yes	No	N/A	
1								
2								
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4								
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13								
14								
15								
16								
17								
18								
19								
20								
Total Yes								
% Yes								



Audit of Medical Practice (CQI activity) Summary Sheet

Topic:	Appropriate use of zopiclone and benzodiazepines for the treatment of insomnia
The activity was designed by (name of organisation if relevant):	Bpac ^{nz}
Doctors Name:	

FIRST CYCLE

DATA:	Date of data collection:
CHECK:	Describe any areas targeted for improvement as a result of analysing the data collected.

ACTION:	Describe how these improvements will be implemented.

MONITOR:	Describe how well the process is working. When will you undertake a second cycle?

SECOND CYCLE

DATA:	Date of data collection:
CHECK:	Describe any areas targeted for improvement as a result of analysing the data collected.
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ACTION:	Describe how these improvements will be implemented.

MONITOR:	Describe how well the process is working.

COMMENTS:	